



JOIN OUR COMMUNITY OF PRACTICE 😊😊😊

Our Community of Practice for Young Professionals is a **safe space** where we can **navigate** our way to our **professional** and **personal growth**.



We do this by...

Coming together as Young Professionals from different sectors in a warm and safe space to explore our quest outside of our working environments!

The sessions are carefully facilitated so that we navigate our way successfully.

What does the COP Create??



We enable a space where we can think about doing things that we really love

We give constant feedback and ensure efforts of journey are being recognised

Space to work together with peers on equal terms, exchange and share knowledge

Freedom to tap into our talents and share ideas



Autonomy & Flexibility



Why is this important?

Our workspaces don't always create a safe space to be vulnerable and explore new ways of bringing our whole selves to work.

We don't always get time out to reflect on our journeys.

We don't always engage with other young professionals outside of our professions to explore new avenues.

We don't always get time to explore and understand the root causes of feeling stuck.

We don't always understand the power of questioning and listening effectively.

How does it work?

The session is well structured and facilitated, yet it is also open and collaborative.

1. Bring a question that keeps you up at night.

2. The other COP participants will ask questions about your question.

3. You will have time to think, reflect and explore the questions being asked.

4. The COP participants will give suggestions and ideas to support you in your question.

Practicality of the COP

- We meet every **4-6 weeks** on a **Sunday Morning 10:00-12:00** with a group of **5-7** young professionals.
- At each session you will participate at the COP either as the person with a question or as someone helping the other with their question.

What you get out of it?

- New skills of smart questioning and deep listening
- New ideas for your personal and professional growth
- A different perspective to the question you have
- Practical tools on moving forward
- Meeting other young professionals outside of your normal world.

Next Dates and Cost:

10th May

7th June

19th July

30th August

11th October

29th November

Please note that these are all Sunday morning sessions. The sessions take place 20 4th Avenue Parktown. A light breakfast snack and coffee is served.

The cost works out at **R250.00** per session (a great investment towards yourself). We ask you to sign up for all 6 sessions at a discounted cost of R1250.



For more information:

Neliswa Fente: nfente@gmail.com, 073 233 0989

or

Mark Turpin: mturpin@kessels-smit.com, 084 205 7225

